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# **The American Way Of Eating Undercover At Walmart Applebees Farm Fields And Dinner Table Tracie McMillan**

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Fearlessly reported and beautifully written, The American Way of Eating goes beyond statistics and culture wars

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to deliver a book that is fiercely honest, strikingly intelligent, and compulsively readable. In making the simple case that—city or country, rich or poor—everyone wants good food, McMillan guarantees that talking about dinner will never be the same again.

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The American way of eating is defined not by plenty, but by the simultaneous, contradictory, relentless presence of scarce nutrition in its midst. And though this conundrum may be seen most clearly in America's extravagant harvests alongside our declining health, it is slowly taking root across the globe.

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Hillman Prize. Winner , Books for a  
Better Life. Finalist , James Beard  
Journalism Award\*. Finalist ,  
Investigative Reporters and Editors.



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Finalist , International Association of  
Culinary Professionals. "The book Ms.  
McMillan's most resembles is Barbara  
Ehrenreich's bestseller Nickel and  
Dimed.

## **The American Way of Eating - Tracie McMillan**

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## **The American Way of Eating: Undercover at Walmart ...**

In the opening paragraph of The American Way of Eating, McMillan situates the reader in a neighborhood grocery store in Brooklyn. She just observed a cockroach falling into the meat slicer, and the produce was less

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than fresh. As unappealing as the grocery store was, McMillan continued to shop there, constrained by her limited budget and lack of time or energy to go anywhere else.

### **The American Way of Eating Introduction - Part 1 Summary ...**

This is the second of three articles

## Read Online The American Way Of Eating Undercover At

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adapted from Tracie McMillan's new book, *The American Way of Eating: Undercover at Walmart, Applebee's, Farm Fields and the Dinner Table*. Read Part 1 here ...

### **Tracie McMillan's The American Way of Eating: a brief ...**

One of the first things to like about

## Read Online The American Way Of Eating Undercover At Walmart, Applebees, Farm Fields

Tracie McMillan, the author of “The American Way of Eating,” is her forthrightness. She’s a blue-collar girl who grew up eating a lot of Tuna Helper and Ortega...

### **Tracie McMillan Writes ‘The American Way of Eating’ - The ...**

This is the third of three articles adapted

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from Tracie McMillan's new book, *The American Way of Eating: Undercover at Walmart, Applebee's, Farm Fields and the Dinner Table.*

### **Tracie McMillan's The American Way of Eating: money and ...**

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McMillan

### **SuperSummary**

The American way of eating is terrible. So says Tracie McMillan, who spent a year pretending to be a poor person eking out a living at menial levels of the nation's food system, including farm ...

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**'The American Way of Eating,' by  
Tracie McMillan - SFGate**

The American Way of Eating is a supremely aggravating book. Tracie McMillan goes undercover to learn more about the American food industry at various parts of the process, at a farm, grocery store and chain restaurant. This

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McMillan

is an important topic that needs to be told, but the author is not quite up to the task.

## **The American Way of Eating: Undercover at Walmart ...**

In "The American Way of Eating,"  
McMillan couples personal narrative with  
in-depth reporting to show how the U.S.

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Michellian

food system really functions. She also details the consequences that the system's wage structure, work policies and practices have on how Americans eat. There are, she observes, ripple effects when no supermarket is close by.

**The American Way of Eating |  
Schuster Institute for ...**

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Her new book *The American Way of Eating* is both a wide-ranging survey and in-depth analysis, rich with suggestions and – why not? – provocations. In ten years, it appears, the country has changed significantly from the one portrayed in Eric Schlosser's groundbreaking *Fast Food Nation*.

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**The American Way of Eating -  
S. Pellegrino**

To report on food sourcing and access in the United States, author Tracie McMillan went undercover, picking garlic in the fields in California and working at a Walmart in Michigan and an Applebee's in New York. She published a book about what she learned from these

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experiences called The American Way of  
Eating.

## **Tracie McMillan on the 'American Way of Eating ...**

The American Way of Eating takes us  
local in a new way, exploring who works  
to get food from the field to the plates in  
front of us, what they are paid, and how

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McMillan

it feels. It's sometimes grim but McMillan doesn't flinch; I especially appreciated her openness in telling us what she spent in order to get by (or not).

### **The American Way of Eating: Undercover at Walmart ...**

A working-class transplant from rural Michigan, Brooklyn—and Detroit—based



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Tracie McMillan has been covering America's multiracial working class since the late 1990s. In 2012, she published her New York Times bestseller, *The American Way of Eating: Undercover at Walmart, Applebee's, Farm Fields and the Dinner Table*.

### **About Tracie McMillan - Tracie**

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Fearlessly reported and beautifully written, The American Way of Eating goes beyond statistics and culture wars to deliver a book that is fiercely intelligent and compulsively readable. Talking about dinner will never be the same again. ©2012 Tracie McMillan (P)2012 Tantor More from the same

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that—city or country, rich or poor—everyone wants good food, McMillan guarantees that talking about dinner will never be the same again.

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