

Smarter The New Science Of Building Brain Power Dan Hurley

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Smarter The New Science Of

The new study showed that people can increase their “fluid” intelligence through training. Hurley, who grew up to become an award-winning science journalist, first explored the topic in The New York Times Magazine. In Smarter, he digs deeper by meeting with the field’s leading researchers—and becoming a human guinea pig. After just three months of playing computer brain-training games, joining a boot-camp exercise program, learning to play the Renaissance lute, practicing mindfulness ...

Smarter: The New Science of Building Brain Power: Hurley ...

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Expanding upon one of the most-read New York Times Magazine features of 2012, Smarter penetrates the hot new field of intelligence research to reveal what researchers call a revolution in human intellectual abilities. Shattering decades of dogma, scientists began publishing studies in 2008 showing that “fluid intel

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SMARTER: THE NEW SCIENCE OF BUILDING BRAIN POWER BY DAN HURLEY — The Real Finance Mentor Sure, Malcolm Gladwell can sell zillions of books and conferences by claiming that 10,000 hours of training makes all the difference.

SMARTER: THE NEW SCIENCE OF BUILDING BRAIN POWER BY DAN ...

And so will those who read Dan Hurley's book. A Decent Overview of all the New Science and Research Out there on Improving Cognition. By Atulya Bhimarsetty on Feb 04, 2014. Smarter takes an in-depth look at the science, on-going research, methods and techniques that promise the benefits of cognitive training.

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‘Smarter, Faster, Better’: The New Science of Productivity

‘Smarter: The New Science of Building Brain Power’ by Dan Hurley (Hudson Street Press; December 26, 2013)

#50. A Summary of ‘Smarter: The New Science of Building ...

“Smarter is an essential read. It's a riveting look at the birth of a new science as well as a user's manual for anyone who wants to be better at solving problems, learning new things, and coming up with creative ideas.” —Daniel H. Pink, author of Drive and A Whole New Mind “A clear-eyed but encouraging view of cognitive enhancement.”

Buy Smarter: The New Science of Building Brain Power Book ...

Smarter questions our understanding of intelligence in this new age of brain-training games. From the traditional adage of “healthy body, healthy mind,” to the latest advances in computerised brain training games, these blinks explore scientifically established methods of improving cognitive abilities.

Smarter by Dan Hurley - blinkist.com

He is the coauthor of Wiser: Getting Beyond Groupthink to Make Groups Smarter (Harvard Business Review Press, 2015) and author of the New York Times best seller The World According to Star Wars.

Making Dumb Groups Smarter - Harvard Business Review

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Smarter: The New Science of Building Brain Power by Dan Hurley 693 ratings, 3.49 average rating, 101 reviews Smarter Quotes Showing 1-24 of 24 “I've now interviewed a couple hundred researchers in the United States, Britain, France, Germany, Japan, and China.

Smarter Quotes by Dan Hurley

The new science of building brain power may be said to have truly kicked off in 2002. In that year, Swedish psychologist Torkel Klingberg performed a study wherein he found that subjects diagnosed with ADHD improved in both attention span and general intelligence after undergoing a brain-training program that involved working-memory exercises ...

Smarter: The New Science of Building Brain Power: Amazon ...

A new car or a dream vacation? The science of happiness recommends spending money on experiences rather than things, but it ignores finer distinctions.

Money, Happiness and the New Science of Smarter Spending ...

Expand/Collapse Synopsis A full executive summary of Smarter: The New Science of Building Brain Power by Dan Hurley. This is not a chapter-by-chapter summary. Rather, the author takes an holistic approach, reorganizing and breaking down the content for easier understanding where necessary, and cutting out the repetition.

An Executive Summary of Dan Hurley's 'Smarter: The New ...

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Smarter by Dan Hurley: 9780142181652 | PenguinRandomHouse ...

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Smarter (Audiobook) by Dan Hurley | Audible.com

On Monday, July 13, FDA unveiled its blueprint for the “New Era of Smarter Food Safety”, an initiative utilizing digital tools and technologies to take food safety at the FDA into the 21st ...

Blueprints To The Future Of Food: The New Era Of Smarter ...

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